

Stockbridge Community Fitness Center Waiver Form

Name: _____ **Phone:** _____

Address: _____ **Email:** _____

2022-2023

Expectations:

All individuals are expected to follow the fitness center policies, procedures and etiquette guidelines at all times. Failure to do so will result in suspension from the Stockbridge Community Fitness Center. ****Current waiver to be completed annually prior to the start of the school year.****

Key/Fob Receipt and Agreement Form:

*Must have a signed key/fob agreement on file in the office.

*Only the individual listed on the fob agreement may use the fob. The fob is not to be given away or borrowed to anyone. Failure to follow this guideline will result in forfeiture of the fob.

*Please obtain the fitness center door code verbally from the main office.

Policies, Procedures & Etiquette:

*Any individual/student under the age of 18 must be accompanied by a parent or guardian or adult.

*Individuals who are not using the fitness center for its intended purposes can be asked to leave.

*After each use, the equipment must be returned to its original location, and disinfected using the provided spray.

*Please wear indoor shoes only.

*Use tv/DVD player, sound system carefully.

*Individuals using the weight room must have a spotter when lifting heavy weights.

*Individuals must enter and exit the fitness center using the designated entrance doors. Additionally, individuals must use the public restrooms located down the hall outside of the middle school gymnasium.

*A non-refundable \$5 fob charge will be paid upon the fob being issued.

*Please ensure that all windows and doors are locked upon leaving the fitness center

*The Stockbridge School locker rooms are not open to the public.

*Individuals must stay in the fitness center location.

*Individuals are reminded to take home all items brought to the fitness center.

Stockbridge Public Schools is not responsible for lost or stolen items.

Hours of Operation:

*Fitness center access will be available any time outside of standard school hours (7:45am-3:15pm Monday-Friday)

Summer hours may vary.

Liability Release: (All adults must sign)

I understand there are several inherent risks associated to using the Stockbridge Community Fitness Center, and therefore agree to follow any and all safety standards, guidelines, and procedures established for using the Stockbridge Community Fitness Center.

I agree to assume responsibility for any and all past, present, or future loss or damage to property and/or bodily injury, including death, however caused including negligence, from or arising out of or in any way connected with my use of the Stockbridge Community Fitness Center. To this end, I irrevocably and unconditionally waive on behalf of myself, my heirs or legal guardian, any and all claims, demands, rights, damages, costs, losses, legal actions, causes of actions, attorney fees and expenses, of any nature whatsoever, against the Stockbridge Public School District, its officers, employees, volunteers, agents and their heirs, executors and assigns for any injuries foreseen and unforeseen, that should occur from my using the Stockbridge Community Fitness Center.

Signature: _____

Date: _____

Received by: _____

Date: _____

Updated 2/9/23