

Wisconsin Local Wellness Policy Triennial Assessment Report Card

In accordance with the U.S. Department of Agriculture's Final Rule: Local School Wellness Policy Implementation, all School Food Authorities (SFAs) participating in the National School Lunch or School Breakfast Program must complete an assessment of their local wellness policy, at minimum, once every three years. The assessment requirement is designed to result in local school wellness policies that strengthen the ability of SFAs to create a school nutrition environment that promotes students' health, well-being, and ability to learn. The assessment must measure the SFA's compliance with their local wellness policy, describe the SFA's progress toward meeting their local wellness policy goals, and describe how the language in the SFA's wellness policy compares to the model wellness policy. **The Wisconsin Local Wellness Policy Triennial Assessment Report Card is required to be used by all Wisconsin SFAs in order to fulfill the triennial assessment requirement.**

As part of the Triennial Assessment Report Card, SFAs are required to complete the Wellness School Assessment Tool (WellSAT). The WellSAT allows SFAs to rate the extent to which their policy contains language related to 67 policy items considered to be best practices for school wellness. Please note, the WellSAT only evaluates policy content. If your SFA has implemented best practices but has not included language within the policy, you must select the rating that corresponds with no policy language present. Once completed, an overall comprehensive score and strength score will be calculated. The assessment can be completed electronically at wellsat.org. To complete the assessment electronically, you will need to log-in to the online portal or register as a new user and begin a new assessment. The assessment may be completed manually by downloading the [assessment questions](#) and filling out the [scorecard](#) with your responses.

Completing the Wisconsin Local Wellness Policy Triennial Assessment Report Card

The Triennial Assessment Report Card template can be found starting on page two of this document. Navigate through the fillable form fields and enter the indicated information. The form fields are identified as appearing in brackets and with a gray background (`{Example Form Field}`).

- 1. Assess Compliance with the Local Wellness Policy.**
Enter SFA wellness policy statements and rate the degree of compliance. Delete any rows within the tables that are not needed. Additional rows may be added as needed. Calculate the overall rating by taking the average of all policy statement scores.
- 2. Describe the overall progress made toward meeting policy goals.**
Provide a narrative update describing progress achieved, activities implemented, and plans for future wellness policy implementation.
- 3. Report on results of the WellSAT.**
Describe areas of policy strength and areas for improvement based on the findings of the WellSAT. You may elect to include your WellSAT scores within the Triennial Assessment Report Card. If you do not want to include your scores, delete the text from the section.

Following completion of the Triennial Assessment Report Card, release the report to the school community. SFAs are required to provide documentation that the results of the triennial assessment were provided to the public as part of the Administrative Review of school nutrition programs. It is recommended you delete this instructional page prior to releasing the report.

This institution is an equal opportunity provider.

Stockbridge School District

Local Wellness Policy Triennial Assessment Report Card

Date Completed: May 2021

A local wellness policy guides efforts to create a healthier school environment. Effective wellness policies support a culture of well-being by establishing healthful practices and procedures for students, staff, and families. Schools/districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results, contact Chad Marx, Superintendent, at chamarx@stockbridge.12.wi.us.

Section 1: Policy Assessment

Overall Rating:

2.4

Ratings are based on a four-point scale to measure success in meeting/complying with each policy objective.

- 0 = objective not met/no activities completed
- 1 = objective partially met/some activities completed
- 2 = objective mostly met/multiple activities completed
- 3 = objective met/all activities completed

Nutrition Standards for All Foods in School	Rating
In accordance with Policy 8500, entitled Food Service, the food service program shall comply with Federal and State regulations pertaining to the selection, preparation, consumption, and disposal of food and beverages as well as to the fiscal management of the program	3
All foods available on campus during the school day shall comply with the current USDA nutrition guidelines, including competitive foods that are available to students a la carte in the dining area, as classroom snacks, from vending machines, for classroom parties, or at holiday celebrations.	2
As set forth in Policy 8531, entitled Free and Reduced Price Meals, the guidelines for reimbursable school meals are not less restrictive than the guidelines issued by the U.S. Department of Agriculture (USDA).	3
The schools may use environmentally friendly practices, such as the use of locally grown foods and non-disposable tableware and dishes.	2
The food service program will provide all students affordable access to the varied and nutritious foods they need to be healthy and to learn well.	2

Nutrition Promotion	Rating
All foods available to students in District programs, other than the food service program, shall be served with consideration for promoting student health and well-being.	1
The school shall provide attractive, clean environments in which the students eat.	3
The school may provide opportunities for staff, parents, and other community members to model healthy eating habits by dining with students in the school dining areas.	3
The school cafeteria shall serve as a learning lab by allowing students to apply the knowledge, attitudes, and skills taught in the classroom when making choices at mealtime.	2

Nutrition Education	Rating
Nutrition education standards and benchmarks shall be age-appropriate and culturally relevant.	2
Nutrition education shall include opportunities for appropriate student projects related to nutrition, involving, when possible, community agencies and organizations.	2
Nutrition education shall extend beyond the classroom by engaging and involving the school's food service staff.	3
Nutrition education posters, such as the Food Pyramid Guide, will be displayed in the cafeteria.	3

Physical Activity and Education	Rating
Physical education classes shall provide students with opportunities to learn, practice, and be assessed on developmentally appropriate knowledge and attitudes necessary to engage in lifelong, health-enhancing physical activity.	3
All students in grades K-5 shall be provided with a daily recess period at least twenty (20) minutes in duration. Recess shall not be used as a reward or punishment. The school shall provide students in grades 7-12 with the opportunity to use physical activity in which they participate outside the regular school day (other than organized interscholastic athletics) to satisfy physical activity requirements.	3
In addition to planned physical education, the school shall provide age-appropriate physical activities (e.g., recess during the school day, intramurals and clubs before and after school, and interscholastic sports) that meet the needs of all students, including males, females, students with disabilities, and students with special health care needs.	2
A sequential, comprehensive physical education program shall be provided for students in 4K-12 in accordance with the physical education academic content standards and benchmarks adopted by the Wisconsin DPI.	3

Other School-Based Wellness Activities	Rating
Students, parents, and other community members shall have access to, and be encouraged to use, the school's outdoor physical activity facilities and indoor community fitness center outside the normal school day.	3
An organized wellness program shall be available to all staff.	2
The schools may demonstrate support for the health of all students by hosting health clinics and screenings and encouraging parents to enroll their eligible children in Medicaid or in other children's health insurance programs for which they may qualify.	2

Policy Monitoring and Implementation	Rating
Review of this policy shall occur every three (3) years, by a committee appointed by the Board, consisting of a representative(s) of the Board, the administration, the food service provider, the parents, the students, and the public. The committee shall provide the Board with review of the performance of the programs and any recommended changes to this policy.	1
The District Administrator shall be responsible for informing the public, including parents, students and community members, on the content and implementation of this policy. In order to inform the public, the District Administrator shall post the results of local wellness policy triennial assessment report card on district website.	3

Section 2: Progress Update

The Stockbridge School District continues to revise and update the wellness policy in order to stay compliant. We continuously work to provide a safe, positive, and healthy environment for our students and staff members.

Section 3: Model Policy Comparison

A required component of the triennial assessment is to utilize the Rudd Center's Wellness School Assessment Tool (WellSAT) for comparison of the Local Wellness Policy to a Model Wellness Policy. The WellSAT includes 67 best practice policy items related to nutrition education; nutrition standards for foods; physical education and activity; wellness promotion and marketing; and implementation, evaluation, and communication. The comparison identified policy strengths and areas for improvement.

Local Wellness Policy Strengths

- At least 2 varieties of fresh fruits and vegetables are offered each day to all students and staff for their lunch choices.
- Water bottle filling stations are now offered in all three schools
- Beginning with the class of 2024, an additional .5 credit of health is now required for graduation. This additional health requirement promotes healthy choices and positive life-long learning.
- Flex Farm 288 fully self-contained vertical hydroponic system in our cafeteria to grow our own lettuce for the lunch program.
- Mental Health – In partnership with Samaritan Counseling Center, we now offer **on-site** professional mental health services for our students and staff members and hoping to expand services to community members.

Areas for Local Wellness Policy Improvement

- Invite additional community members and students to participate in our wellness committee.
- More advertising and additional hours for community members to use our community fitness center.
- Improve monitoring and better promotion of healthy foods being offered in our district outside of the daily lunch program.